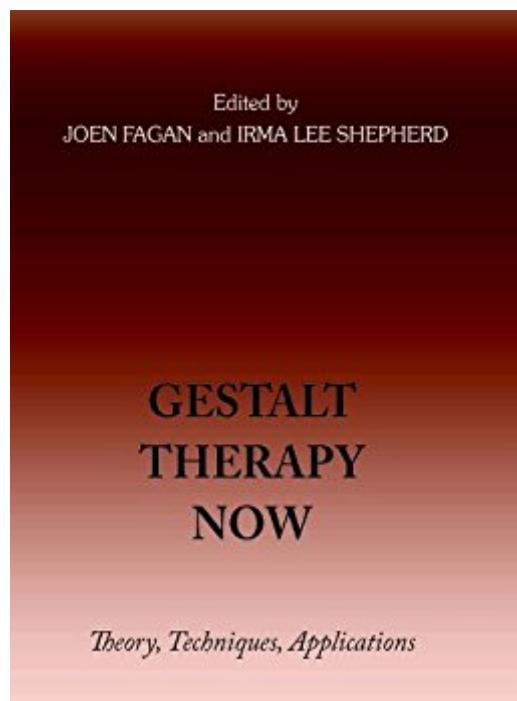


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# Gestalt Therapy Now



## **Synopsis**

Gestalt therapy first moved to center stage in the early 1950s with the publication of GESTALT THERAPY: EXCITEMENT AND GROWTH IN THE HUMAN PERSONALITY written by Frederick Perls, Ralph Hefferline, and Paul Goodman. It is one of a handful of seminal texts published shortly after World War II that opened the pathways for new approaches to psychotherapy that remain in print today, over a half-century later. Interest in Gestalt therapy was limited primarily to mental health practitioners for almost twenty years when it suddenly captured the interest of many diverse groups outside the healing professions including educators, members of the clergy, and the general public. When a photograph of one of its founders, Frederick (Fritz) Perls, was featured in a story and a full-page color photograph in LIFE magazine, it became the *âœinâ•* therapeutic method of the moment. The publicity brought the attention of the mental health community to Gestalt therapy and among the first books published in almost two decades intended primarily for the professional was this book, GESTALT THERAPY NOW. The contributors, Arnold Beisser, Lois Brien, Henry Close, Ruth Cohn, Bruce Denner, Katherine Ennis, John Burke Enright, Joen Fagan, Walter Kempler, Elaine Kepner, Janet Lederman, Abraham Levitsky, Sandra Mitchell, Claudio Naranjo, Vincent Francis Oâ™Connell, Frederick Perls, Laura Perls, Janie Rhyne, Marilyn B. Rosanes-Berrett, Irma Lee Shepherd, James S. Simkin, and Richard W. Wallen were the leading Gestalt trainers and practitioners of the time. Although brief, Beisser's the "Paradoxical Theory of Change" is, outside of the works of Frederick Perls, the most frequently referenced article in the body of Gestalt therapy literature. This Gestalt Journal Press edition includes all the original contributions plus a timely foreword by noted Gestalt trainer and organizational consultant, SeÃjn Gaffney.

## **Book Information**

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## Customer Reviews

I have an old paperback copy of this book that is brown and crumbling, and I wanted a fresh copy. In my opinion, this is a basic text for anyone interested in the early days of the establishment of Gestalt therapy and psychology. The "voices of the founders" are clear and vibrant in this collection, which contains articles I haven't seen elsewhere. I bought a Kindle edition because it won't turn brown and is unlikely to become extinct as long as a) there are people interested in Gestalt, and b) is interested in making a buck.

Great book on Gestalt therapy, probably the best out there I've found. With this reprint some pages are bound out of order. Tried returning it but new copy had same issue.

This 2003 edition is a reissue of the original book from 1970, when there was very little written about Gestalt Therapy. A must read.

Excellent book if you are taking a gestalt curse, even if you are not.

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